

# **Abuse**

Books available at the Columbus Metropolitan Library

#### PICTURE BOOKS

# Hands Are Not for Hitting by Martine Agassi, 2002

Picture Book AGASSI

Children who have been abused or witnessed abuse can mimic what they have seen. This book offers alternative solutions for dealing with anger and frustration.(Grades PreK-K)

# Edwardo: The Horriblest Boy in the Whole Wide World by John Burningham, 2007

Picture Book BURNINGHAM

When a perfectly normal boy experiences verbal abuse from his caregivers, his behavior goes downhill – until the adults in his life remember to look for and recognize his positive qualities. (Grades PreK-3)

### Murphy's Three Homes by Jan Levinson Gilman, 2008 Picture Book GILMAN

A puppy who moves from home to home learns that it is not his fault, and finds a family who will love him even if he struggles to obey their rules. (Grades PreK-1)

#### JUVENILE NONFICTION

What To Do When You're Scared And Worried by James J. Crist, 2004 j152.46 C933w Written by a doctor, this book reassures children that they are not alone, suggesting techniques such as Fear Chasers and Worry Erasers, and reminds children of where to go with problems too big to handle on their own (Grades 3-6)

#### When I Feel Afraid by Cheri J. Meiners, 2003

j152.46 M514w

When children feel afraid, do they know ways to help themselves feel safe? Geared as a readaloud, this book illustrates techniques such as finding a quiet place to take a deep breath and think things over, or talking with a community helper about the situation. (Grades PreK-2)

#### Kids Need to be Safe by Julie Nelson, 2005.

j362.733 N427k

This book is designed to help foster children understand why they aren't currently with their biological parents, and offer them hope and reassurance. (Grades K-3)

Please Tell! A Child's Story About Sexual Abuse by Jessie Ottenweller, 1991 j362.76 J58p Nine-year-old Jennie's words and illustrations help other sexually abused children know that they are not alone, that it's okay to talk about their feelings, and that the abuse wasn't their fault.

(Grades 4-6)

### A Terrible Thing Happened by Margaret M. Holmes, 2000

i616.8521

After Sherman sees something terrible happen, he becomes anxious and angry, but talking through those emotions with an adult proves to be helpful. (Grades PreK-2)

#### What To Do When You Dread Your Bed by Dawn Huebner, 2008

i618.9284

Written by a doctor, this book suggests evening activities that a caregiver can guide a child through to reduce bedtime anxiety. (Grades 3-6)

### **Healing Days** by Susan Farber Straus, 2013

j618.928521 S912h

A book designed to be used in therapy for young children who have experienced physical or sexual abuse, or other trauma. Readers will follow four children as they learn ways to cope with their own trauma. (Grades 3-6)

#### JUVENILE FICTION

## Staying Fat for Sarah Byrnes by Chris Crutcher, 2003

**Fiction Crutcher** 

Sarah Byrnes and Eric have been friends for years. Now, he suspects that something terrible is taking place in her home (Grades 4-8)

# Harry Sue by Sue Stauffacher, 2009

Fiction Stauffacher

Harry Sue, age 11, feels as if she's been doing time for the past seven years, ever since her father threw her out of a window in a drunken rage and both of her parents went to prison. Currently in the custody of her paternal grandmother, Harry Sue has her hands full, keeping the children at Granny's Lap from harm and using the book The Wizard of Oz as her touchstone (Grades 4-8)

#### **TEEN FICTION**

## You Don't Know Me by David Klass, 2010

Fiction Klass

People think they know John – but they don't really know anything about him. What he thinks about, what he cares about, and most of all, what's been happening in his home (Grades 9-12)

#### If You Find Me by Emily Murdoch, 2013

Fiction Murdoch

By the time they are discovered, Carey and her sister have been living in an abandoned camper in the woods for years. Now, they must adjust to the outside world, and begin sorting through traumatic events from their past (Grades 9-12)

#### Scars by Cheryl Rainfield, 2010

Fiction Rainfield

A sexual abuse survivor cuts to cope with the pain, but she doesn't remember the identity of who abused her. When her abuser resurfaces and starts threatening her, she must find a way to face her past and stop hurting herself--before it's too late. (Grades 9-12)

# **TEEN NONFICTION**

Child Called It by Dave Pelzer, 1995
Biography of an abused child (Grades 9-12)

362.76 P393c

I Know Why the Caged Bird Sings by Maya Angelou, 2011 B Angelou
This autobiography includes a traumatic event from Maya Angelou's past that silenced her temporarily, but from which she was able to recover (Grades 9-12)