

# Mental Illness

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

**Sometimes My Mommy Gets Angry** by Bebe Moore Campbell, 2003

**Picture Book Campbell**

A little girl learns coping skills with the help of her grandmother, neighbors and school friends, when her mother's mental illness disrupts her daily routine.

## FICTION

**The Face at the Window** by Regina Hanson, 2009

**Fiction Graves**

When Dora goes to take a mango from Miss Nella's tree, she is frightened by the woman's strange behavior.

**So B. It** by Sarah Weeks, 2004

**Fiction Weeks**

A young girl sets out on a journey to discover herself and her roots after finding an old camera with clues to her developmentally disabled mother's past.

**Chasing the Milky Way** by Erin E. Moulton, 2014

**Fiction Moulton**

Lucy Peevey and her best friend, Cam, are perfecting the robot that could win a competition, a scholarship, and a way out of the trailer park they live in when Lucy's mother goes off her medication and her manic-depressive disorder goes out of control.

**Mama One, Mama Two** by Patricia MacLachlan, 1982

**Fiction MacLachlan**

A young child lives with a foster family until her mentally ill mother is well enough to care for her.

**Dear life, you suck** by Scott Blagden, 2013

**Fiction Blagden**

Irreverent, foul-mouthed, seventeen-year-old Cricket Cherpin, living under the watchful eye of Mother Mary at a Catholic boys' home in Maine, has such bleak prospects he is considering suicide when Wynona Bidaban steps into his world.

**Half a world away** by Cynthia Kadohata, 2014 **Fiction Kadohata**  
Twelve-year-old Jaden, an emotionally damaged adopted boy fascinated by electricity, feels a connection to a small, weak toddler with special needs in Kazakhstan, where Jaden's family is trying to adopt a "normal" baby.

**Middle school : the worst years of my life** by James Patterson, 2011 **Fiction Patterson**  
When Rafe Kane enters middle school, he teams up with his best friend, "Leo the Silent," to create a game to make school more fun by trying to break every rule in the school's code of conduct.

**The rules of survival** by Nancy Werlin, 2006 **Fiction Werlin**  
Seventeen-year-old Matthew recounts his attempts, starting at a young age, to free himself and his sisters from the grip of their emotionally and physically abusive mother.

## NONFICTION

**Mental Illness** from the series *Global Viewpoints* **j616.89**  
Examines the issue of mental illness around the world, in such nations as the United Kingdom, Japan, Romania, China, and Argentina.

**What to do when you're cranky & blue : a guide for kids** by James J. Crist, Ph.D.,2014 **j618.928527**  
Depression in children and adolescence

**My kind of sad : what it's like to be young and depressed** by Kate Scowen, 2006 **j616.8527**  
Discusses depression, moodiness, and being young.

**The truth about fear and depression** by Denkmire, Heather, 2005 **j 616.852**

**101 life skills games for children : learning, growing, getting along** by Bernie Badegruber, 2005  
**j302.14071**

Collection of games aimed at enhancing children's self-awareness and social and emotional skills, helping them understand and deal with problems in daily interactions with other children and adults