

(Grades 4-6)

A Terrible Thing Happened by Margaret M. Holmes, 2000 j616.8521
After Sherman sees something terrible happen, he becomes anxious and angry, but talking through those emotions with an adult proves to be helpful. (Grades PreK-2)

What To Do When You Dread Your Bed by Dawn Huebner, 2008 j618.9284
Written by a doctor, this book suggests evening activities that a caregiver can guide a child through to reduce bedtime anxiety. (Grades 3-6)

Healing Days by Susan Farber Straus, 2013 j618.928521 S912h
A book designed to be used in therapy for young children who have experienced physical or sexual abuse, or other trauma. Readers will follow four children as they learn ways to cope with their own trauma. (Grades 3-6)

JUVENILE FICTION

Staying Fat for Sarah Byrnes by Chris Crutcher, 2003 Fiction Crutcher
Sarah Byrnes and Eric have been friends for years. Now, he suspects that something terrible is taking place in her home (Grades 4-8)

Harry Sue by Sue Stauffacher, 2009 Fiction Stauffacher
Harry Sue, age 11, feels as if she's been doing time for the past seven years, ever since her father threw her out of a window in a drunken rage and both of her parents went to prison. Currently in the custody of her paternal grandmother, Harry Sue has her hands full, keeping the children at Granny's Lap from harm and using the book *The Wizard of Oz* as her touchstone (Grades 4-8)

TEEN FICTION

You Don't Know Me by David Klass, 2010 Fiction Klass
People think they know John – but they don't really know anything about him. What he thinks about, what he cares about, and most of all, what's been happening in his home (Grades 9-12)

If You Find Me by Emily Murdoch, 2013 Fiction Murdoch
By the time they are discovered, Carey and her sister have been living in an abandoned camper in the woods for years. Now, they must adjust to the outside world, and begin sorting through traumatic events from their past (Grades 9-12)

Scars by Cheryl Rainfield, 2010 Fiction Rainfield
A sexual abuse survivor cuts to cope with the pain, but she doesn't remember the identity of who abused her. When her abuser resurfaces and starts threatening her, she must find a way to face her past and stop hurting herself--before it's too late. (Grades 9-12)

TEEN NONFICTION

- Child Called It** by Dave Pelzer, 1995 362.76 P393c
Biography of an abused child (Grades 9-12)
- I Know Why the Caged Bird Sings** by Maya Angelou, 2011 B Angelou
This autobiography includes a traumatic event from Maya Angelou's past that silenced her temporarily, but from which she was able to recover (Grades 9-12)